

2nd Annual Interprofessional Rural Health Professions Conference

Friday, April 18, 2014

Interprofessional rural healthcare providers panel

Megan Anderson, RDN

Megan Anderson, RDN, received her bachelor of science in culinary nutrition from Johnson and Wales University in Providence, Rhode Island. She then completed her dietetic internship through Utah State University, focusing on school nutrition education. She has been at Fit Kids of Arizona since the spring of 2012. Before joining the Fit Kids Program, Megan had a diverse background cooking in kitchens around the country. Megan enjoys combining her passions for food and nutrition in a way that will inspire others to improve their health using food as medicine.

Carol Gora, MSN, RN, FNP-C

Carol Gora, FNP, obtained her license as an RN in 1975. Achieving a life-long dream, she became a family nurse practitioner in 1999, receiving her master's degree in nursing from the University of Colorado. She worked as a family nurse practitioner in a small rural clinic in Colorado until she and her husband moved to Flagstaff in 2007. Since 2009, she has worked at Fit Kids of Arizona, an outpatient service of Flagstaff Medical Center where children and families are encouraged to make healthy lifestyle changes. Occasionally, she also works at Safe Child Center, where she performs examinations on children who have been abused.

Karen Holder, RNP, FNP-BC, CNM, AHN-BC, MHS

Karen Holder, FNP, has worked in a variety of clinical settings during her tenure as nurse practitioner. Her passion in the clinical setting is working with vulnerable populations in underserved areas both within and beyond the United States. Since the early 1980s, she has worked in collaboration with other health disciplines creating and orchestrating what is now called patient-centered and interprofessional health care. She has served as faculty at several universities, teaching and precepting advanced practice and undergraduate nurses, medical students and family practice residents. She currently works at North Country HealthCare in Flagstaff and is the director of development for a Graduate Nurse Education (GNE) Demonstration pilot project incorporating an interprofessional model of clinical training for healthcare providers in rural settings.

Autumn Stevenson, MD

Autumn Stevenson, MD, participated in the Rural Health Professions Program as a student and graduated from the University of Arizona (UA) College of Medicine in 2007. She completed her Family & Community Medicine residency in Albuquerque at the University of New Mexico. During medical school and residency she was involved in global health projects in rural Ecuador and Port-au-Prince, Haiti. After residency she worked as a locum provider throughout rural New Mexico and then moved back to Arizona to provide care for the White Mountain Apache tribe at the Whiteriver Service Unit branch of the Indian Health Service. She also practiced outpatient medicine and obstetrics at the North Country HealthCare community clinic in Flagstaff. Dr. Stevenson joined the UA Family & Community Medicine Department in February 2014.

Yari Valle, PharmD, CDE, CACP

Yari Valle earned her PharmD from the University of Illinois at Chicago College of Pharmacy in 2001. She has eight years of experience as a certified diabetes educator and seven years as a certified anticoagulation care provider. She previously worked as the assistant chief pharmacist at Inscription House Health Center in rural Arizona and as a staff pharmacist at North Country Community Health Center in Flagstaff, Arizona. She also spent three years as an inpatient staff pharmacist at Memorial Medical Center in Las Cruces, New Mexico. She currently serves as the pharmacy manager at Flagstaff Outpatient Pharmacy, part of Northern Arizona Healthcare. Her areas of expertise include quality assurance, medication safety, anticoagulation care, compounding, and diabetes education.